



## Intake Form

Date \_\_\_\_\_

Client Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Email Address \_\_\_\_\_

Street \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (Mobile) \_\_\_\_\_ Phone (Home) \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_

If patient of upper cervical chiropractic, how long? \_\_\_\_\_

Who referred you? \_\_\_\_\_

### Personal Health

Activity level (please select)	Height
<input type="checkbox"/> <b>Very Light:</b> Stay at home/no activity	Weight
<input type="checkbox"/> <b>Light:</b> Office activity	Blood Pressure
<input type="checkbox"/> <b>Moderate:</b> Walk 20 minutes/day	Occupation
<input type="checkbox"/> <b>Sport:</b> More than 2 hours/week	Blood Type (Please circle)    O    A    B    AB

### Cardiovascular Health: (check all that applies)

<input type="checkbox"/> Chest Pain	<input type="checkbox"/> Heart Attack
<input type="checkbox"/> Blood Clots	<input type="checkbox"/> Tachycardia
<input type="checkbox"/> Varicose Veins	<input type="checkbox"/> Atrial Fibrillation
<input type="checkbox"/> Premature Ventricular Contractions PVC	<input type="checkbox"/> Stroke

Any other heart conditions: \_\_\_\_\_

### Skeletal Health: (check all that applies)

<input type="checkbox"/> Arthritis	<input type="checkbox"/> Scoliosis
<input type="checkbox"/> Bursitis	<input type="checkbox"/> Back Pain
<input type="checkbox"/> Broken Bones	<input type="checkbox"/> Neck Pain
<input type="checkbox"/> Bulging/Herniated Disks	<input type="checkbox"/> Sciatica
<input type="checkbox"/> Sprained Ankles	

Any other skeletal conditions \_\_\_\_\_

### Oral Health: (check all that applies)

<input type="checkbox"/> Crowns    How many times?	<input type="checkbox"/> Wisdom Teeth    yes    no
<input type="checkbox"/> Root Canals	<input type="checkbox"/> Tonsillectomy    yes    no    What age?
<input type="checkbox"/> Bridges	
<input type="checkbox"/> Implants	<input type="checkbox"/> Bite Guard    How old?
<input type="checkbox"/> Orthodontics    What age?    How many times?	<input type="checkbox"/> Temporomandibular Disorders

## Women's Health

## Men's Health

Are you pregnant? Weeks?	<input type="checkbox"/> Prostatitis	<input type="checkbox"/> Vasectomy
How many births have you had? Type of birth?	<input type="checkbox"/> Erectile Dysfunction	<input type="checkbox"/> Low Testosterone
Do you know about your birth? Please give any details	Do you know about your birth? Please give any details	
<input type="checkbox"/> Menstrual Pain/PMS	<input type="checkbox"/> Hysterotomy	
<input type="checkbox"/> Endometriosis	<input type="checkbox"/> PCOS	

### Other (check all that applies)

<input type="checkbox"/> Tinnitus	<input type="checkbox"/> Sleep Apnea
<input type="checkbox"/> Dizziness	<input type="checkbox"/> Abdominal Hernia Mesh?
<input type="checkbox"/> Numbness	<input type="checkbox"/> Edema/Swelling
<input type="checkbox"/> Sinusitis	<input type="checkbox"/> Diabetes <input type="checkbox"/> Type I <input type="checkbox"/> Type II
<input type="checkbox"/> Thyroid Problems	<input type="checkbox"/> Skin Disorders
<input type="checkbox"/> Substance Abuse	<input type="checkbox"/> Corrective Lenses
<input type="checkbox"/> Severe Depression Medicated?	<input type="checkbox"/> Other Issues Related to Eyes
<input type="checkbox"/> Anxiety Medicated?	
<input type="checkbox"/> Vertigo	

Cancer? Please Explain

Digestive problems? Diarrhea? Constipation?

Migraines/headaches?

Head Trauma? Concussions? Whiplash?

Nose/Nasal injuries?

Respiratory Issues?

Have you had any surgeries? Please explain

Do you have any health conditions not listed above?

Allergies? Please explain

List food allergies

Are you under the care of another Health Care Practitioner? Yes No

What kind?

Reason

**Please list any medications and what they're for**

Anything else you'd like us to know

I \_\_\_\_\_

voluntarily request to receive services from Elements of Healing LLC. These services may include Craniosacral Therapy, Raindrop Therapy, Relaxation Massage and Medical Massage. I agree that the information above is accurate and have

I acknowledge that the services above are meant to support and aid in my choice to bring balance and wellness to my life.

By signing below, I understand the following:

- 1. **Nature of Treatment:** The treatment may involve physical manipulation, pressure, gentle touch, mouth work techniques, use of essential oils, hot compress if I should so choose.
- 2. **Possible Risks:** I understand there may be mild discomfort or soreness following treatment.
- 3. **Confidentiality:** My personal and health information will remain confidential.
- 4. **Voluntary Participation:** I acknowledge that I can stop the treatment at any time

I agree to inform the practitioner of any changes to my health and medical conditions and that there shall be no liability on the practitioner's part should I forget to do so.

By signing this release, I waive and release Elements of Healing from any liability, past, present, and future, relating to body work and massage therapy.

**Cancellation Policy:**

**I will provide 24hr notice to cancel my appointment. Any cancellation made within 24hr of my appointment time will be charged 50% of the appointment fee which will be due prior to being seen for my next appointment**

I understand that I am responsible for payment on the day the service is rendered. Please initial: _____	
Client's name _____	Parent/Guardian's Name _____
Client's signature or Parent/Guardian Signature _____	Date _____